

Sprunganalyse DJ

Patient
Nachname VBG



Beurteilung

Landing Error Scoring System (LESS)

ACL-Return-to-Sport after Injury Scale (ACL-RSI-Skala)

Gesamtwert (Soll ≤ 5)

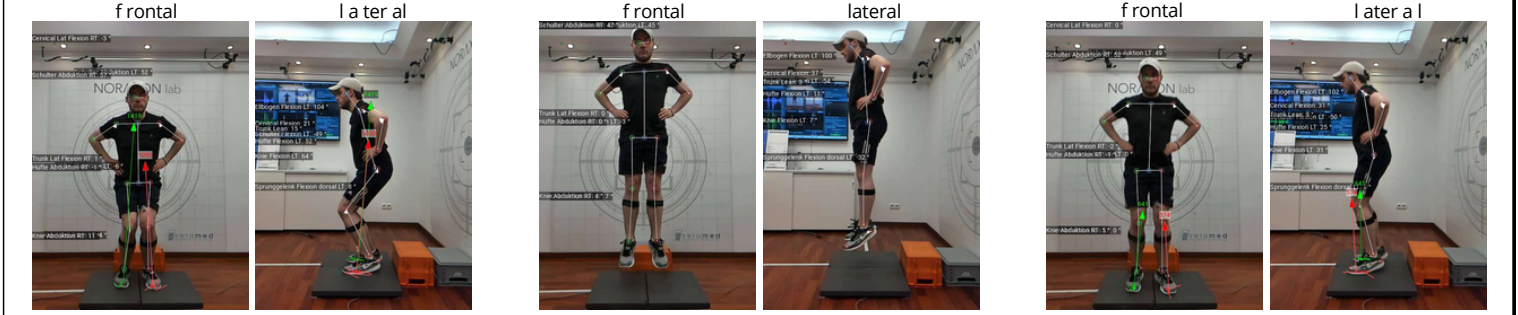
Gesamtwert: $\geq 51\%$ =gut

Videoanalyse

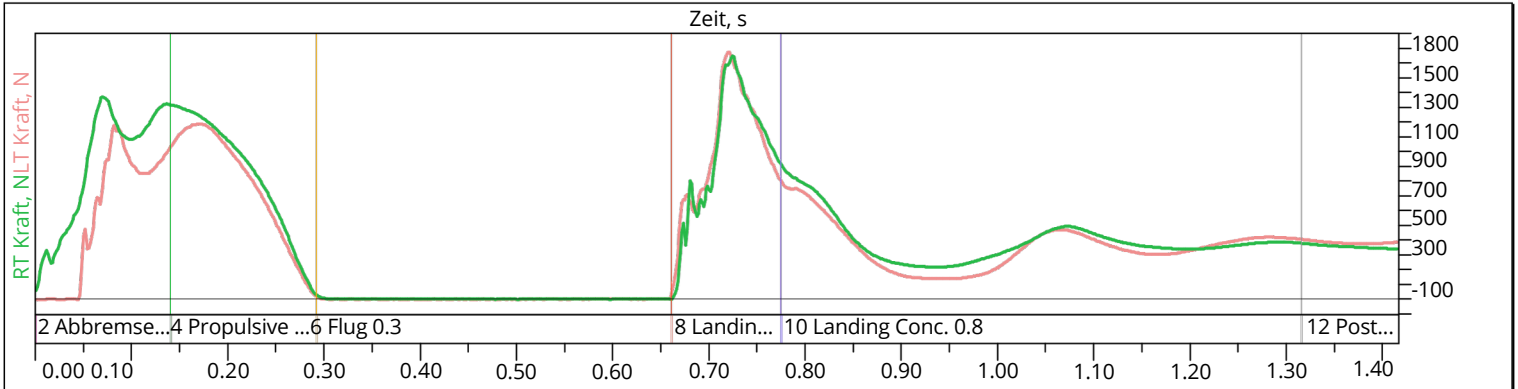
Loading, Statistiken

Flight, Statistiken

Landing, Statistiken



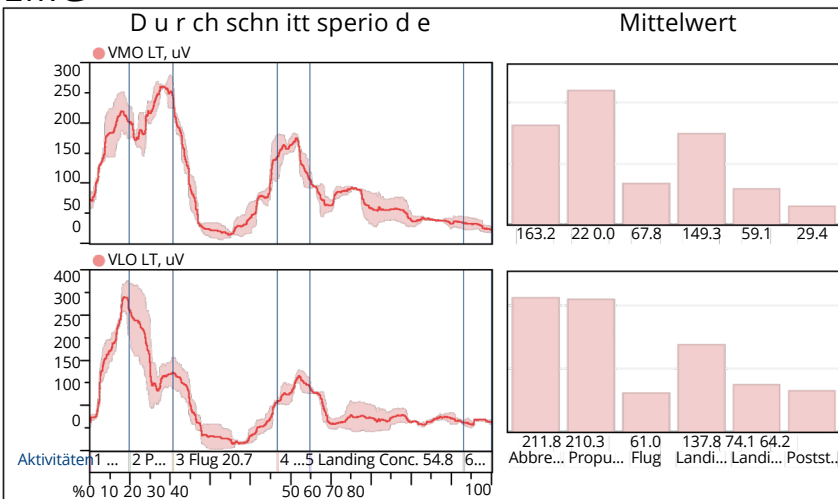
Kraftkurve



Sprungparamter

Parameter	Periode 1	Periode 2	Mittelwert [Einheiten]	Maximum [Einheiten]
Kontaktzeit [s]	0.29	0.29	0.3	0.3
Jump Height by Net Impulse [cm]	17.3	17.5	17.4	17.5
Reactive Strength Index by Net Impulse	0.59	0.60	0.6	0.6
Kinetic Asymmetry Index (exzentrische Phase) [%]	-51.4	-22.7	-37.0	-22.7
Kinetic Asymmetry Index (konzentrische Phase) [%]	-23.3	6.7	-8.3	6.7

EMG



Winkel

