

Sprunganalyse CMJ

Patient
Nachname VBG



Subjektive Beurteilung

ACL-Return-to-Sport after Injury Scale (ACL-RSI-Skala)

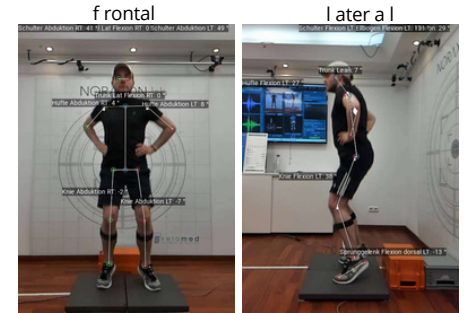
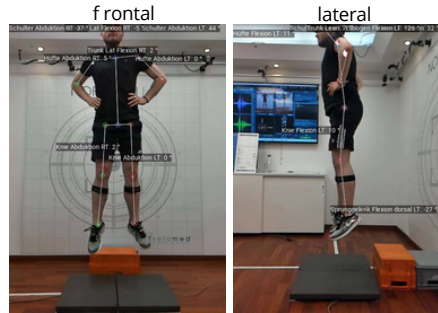
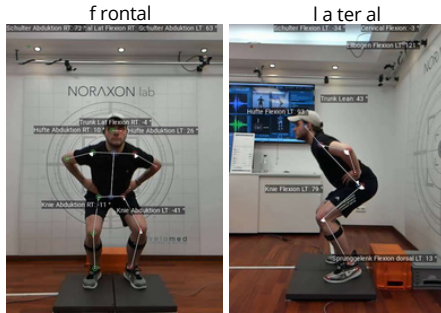
Gesamtwert $\geq 51\%$ = gut

Videoanalyse

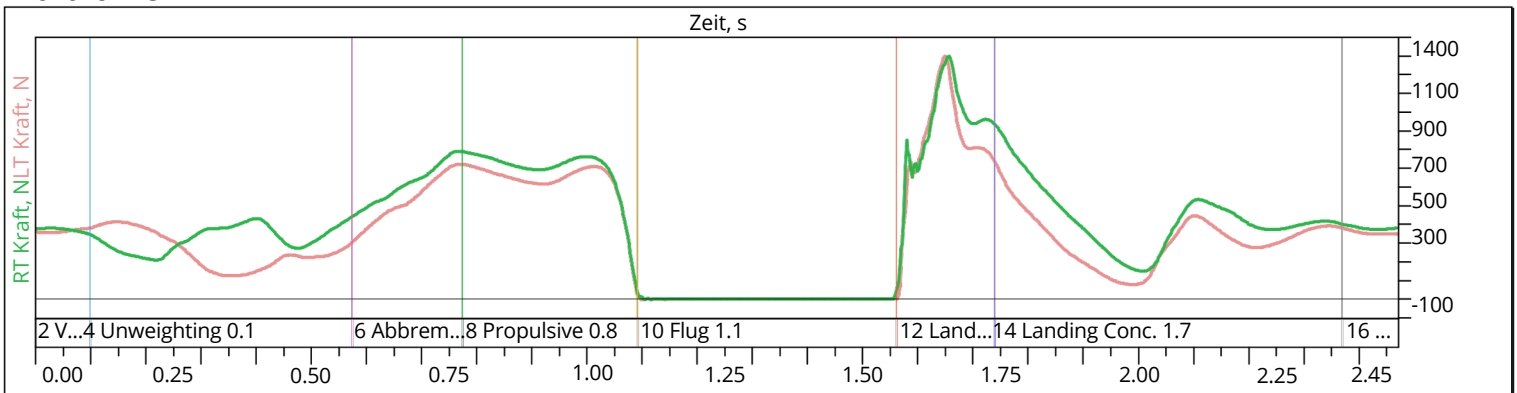
Loading, Statistiken

Flight, Statistiken

Landing, Statistiken



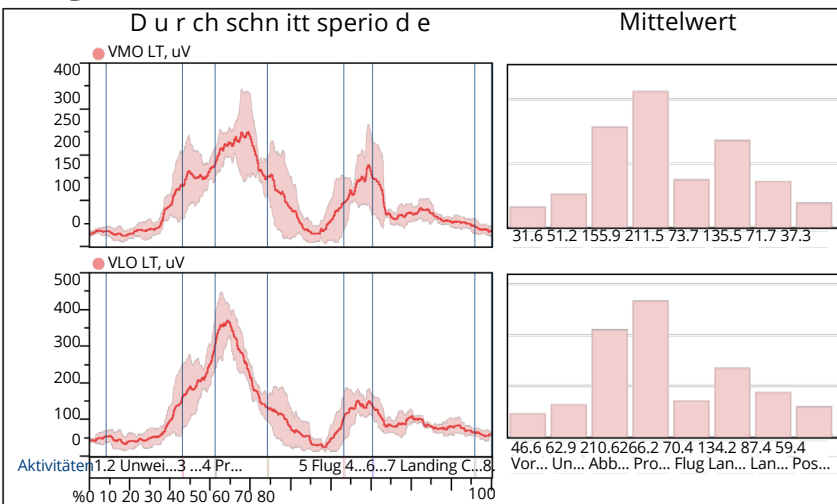
Kraftkurve



Sprungparameter

Parameter	Periode 1	Periode 2	Periode 3	Periode 4	Mittelwert [Einheit]..Maximum [Einheit]..
Jump Height by Net Impulse [cm]	28.4	26.1	30.1	24.4	27.3 30.1
Kinetic Asymmetry Index (exzentrische Phase) [%]	-16.6	-11.0	-10.5	-18.6	-14.2 -10.5
Kinetic Asymmetry Index (konzentrische Phase) [%]	-13.1	-0.6	-7.6	-11.9	-8.3 -0.6

EMG



Winkel

